

**NEWS  
FLASH**



WITTERINGS MEDICAL CENTRE  
PATIENT PARTICIPATION GROUP

**29 April 2022**



### **Witterings MC team running for charity**

The last few years have been challenging for many of us in different ways and some of our local charities have not been able to fundraise in the way they normally would. A team of doctors and other staff members from the Witterings Medical Centre are joining together to run the Bognor 10k to raise money in support of these groups who do a fantastic job for our community. These include the Manhood Mobility Volunteer Service, Dementia Friends, Knit and Natter.

**Their target is to raise £2.000 for these charities and they would appreciate any donation you can make to support their efforts. To make a donation go to:**

[https://www.justgiving.com/crowdfunding/witteringsmedicalcentre?utm\\_term=Ek3qbb3jK](https://www.justgiving.com/crowdfunding/witteringsmedicalcentre?utm_term=Ek3qbb3jK)

The main event is taking place on **Sunday 22 May starting at 10.30 am** – full details can be found at:

[Bognor Prom 10km Road Race 2022 - Eventrac](#)

## Have you had your COVID Booster jab?

Innovations in Primary Care (IPC) will be running

**Covid Vaccination clinics at Witterings Medical Centre for over 75 year olds.**

These clinics will be a mixture of **prebooked appointments** and **drop-in** appointments.

The clinics will run from **9:30 am - 4:30 pm** on

**Saturday 30th April 2022**

**Saturday 14th May 2022**

**Saturday 28th May 2022**

If you haven't already been contacted, please call 0333 370 4111 or 119 for booking

**DO NOT call the Witterings Medical Centre for bookings.**

**We do not have access to the booking list.**

## Reflections

There have been over 21,000 deaths in West Sussex since the beginning of the pandemic and due to lockdowns not everyone was able to be with loved ones as they passed or to attend funerals. As part of the WSCC/ NHS Joint Dementia Strategy a 'Reflective' memorial has been commissioned to provide people the opportunity to reflect with others and share their memories of their loved ones.

We would like to invite you to join the communities in West Sussex to reflect on their losses.

A reflections sculpture of 200 steel forget-me-knots will be on display on

**Monday 9th May 10:30am -3pm**

**The Bandstand, Memorial Gardens, Crawley**

**Tuesday 10th May 10:30am – 2pm**

**St John's Park, Burgess Hill, RH15 8EY**

**Wednesday 11th May 11am -2pm**

**Human Nature Garden, Horsham Park**

**Thursday 12th May 1030am - 2pm**

**Beach House Park, Worthing, BN11 2DB**

**Friday 13th May 1030am -2pm**

**Chichester Festival Theatre**

